Susan Stauter’s AL PD – June 2012

Performing Arts AL Process

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* Shared endowed items.
* Sit in a space . Close your eyes. Now cover yourself with an imaginary dome. You are alone and can’t be touched or heard.
* On the previous day, we read a book by Jacob Lawrence. The topic was the underground railroad and how difficult it was to get there.
* Now walk in an open space. Walk slowly. Now quicker. Now quickly. It’s getting hot. Your walking changes. It’s hotter. It’s muggy and really hot. Now you feel a windy. It’s getting stronger. It’s so strong it’s hard to walk against the wind. Now it’s getting cold. Colder. It’s freezing. Now snowing. It’s getting warmer.
* Make sounds together. How does it sound when it’s raining. Make low sounds and high sounds. Sound adds dimension to performing arts.
* Descriptive walk – Walk through the same environment as Harriet Tubman.
* Write about an endowed item you would give a loved one before he or she leaves on a journey. Use very descriptive writing. (This writing becomes more real and powerful after the descriptive walk that we explored similar to the one Harriet Tubman took. See description above.)
* Now one person is going to act as the receiver of an endowed object. This person is going on a journey. You are going to give your endowed object to this person. Describe how you are feeling.